

زبان عمومی (صبح جمعه) ۹۱-۹۰

زبان عمومی

**Part one: Reading comprehension**

**Directions:** Read the following passages and the items related to each carefully. Then, select the one response - a,b,c or d, that best suits to each question. Base your answers on the information given in the passage only.

**Passage one:**

I am in the beginning stages of researching the topic of creativity and mental illness, especially among female poets. As a woman poet I disagree with the consensus that mental illness and creativity are linked. I have written poetry for over thirty two years and have always found that my depressed moments were due to factors in my life, i.e. financial, family. The creative part was and is a separate entity. I am not writing poems about the loss of a loved one unless that person has had an enormous impact on my life or perhaps the life of others in a way that one or a multitude of people were touched to some degree. I am researching Plath and Sexton. Wow! These women had problems that in that era was frowned upon and proper resources were not available to adequately help them overcome the feeling of worthlessness. In my opinion, they turned to poetry to help them to sort out their entanglement of emotions.

**121. The author claims there is a general view that creative people .....**

- a. reveal their inventiveness in writing poetry
- b. disagree with what ordinary people believe or say
- c. deny the link between creativity and mental illness
- d. suffer from a kind of mental disorder

**122. The stereotype relating creativity with mental illness is ..... by the author.**

- a. objected to
- b. approved of
- c. documented
- d. highlighted

**123. It is understood that Plath and Sexton .....**

- a. challenged common views on creativity
- b. suffered from mental disturbance
- c. were the most creative people of their time
- d. had the same perspectives as the author's

**124. The author states that her depression ..... writing poetry.**

- a. remained independent of
- b. is closely associated with
- c. made her entirely challenge
- d. enhance her concentration while

**125. It is implied from the paragraph that the author's poems .....**

- a. are mostly on women's issues
- b. mainly involve emotional topics
- c. are reflections of life realities
- d. are more concerned with creativity in women

**Passage two:**

One critical factor that plays a part in susceptibility to colds is age. An investigation conducted recently revealed particulars that seem to hold true for the general population. Infants are the most cold-ridden group. Boys have more colds than girls up to age three.

The general incidence of colds continues to decline into maturity. Elderly people who are in good health have as few as one or two colds annually. One exception is found among people in their twenties, especially women, who show a rise in cold infections, because people in this age are more likely to have young children.

The study also found that economics plays an important role. As income increases, the frequency at which colds are reported in the family decreases. Families with the lowest income suffer about a third more colds than families at the highest end. Lower income in general forces people to live in more cramped quarters than those typically occupied by wealthier people, and crowding increases the opportunities for the cold virus to travel from person to person. Low income may also adversely influence diet. The degree to which poor nutrition affects susceptibility to colds is not yet clearly established, but an inadequate diet is suspected of lowering resistance in general.

**126 . The author claims that the study discussed in the passage .....**

- a) specializes in children
- b) contradicts the results of earlier related studies
- c) contains many inconsistencies
- d) has results apparently relevant to all age groups

**127 . According to the passage, which of the following age groups is most likely to catch colds?**

- a) Teenage boys
- b) Young girls
- c) Male infants
- d) Elderly women

**128 . Which of the following conclusions is supported by the information in the passage?**

- a) People who live in cold climates have more colds than those living in warmer ones.
- b) Having children may cause parents to catch colds.
- c) Men are more susceptible to colds than women.
- d) Elderly people with no children catch one or two colds a year.

**129 . The author's main purpose in writing the last paragraph is to .....**

- a) prove that a poor diet causes colds
- b) explain how cold viruses are transmitted
- c) discuss the relationship between income and frequency of colds
- d) discuss the distribution of income among participants of the study

**130 . The author's tone in this passage could best be described as .....**

- a) neutral and objective
- b) quite humorous
- c) tentative but interested
- d) highly critical

**Passage three:**

Cancer treatment is depending more and more today on specific factors of a patient's tumor, including gene mutation, or proteins that are commonly typical of certain cancer cells, rather than focusing on where in the body the cancer started. Before, treatment was based on finding where in the body the cancer originated, such as the breast or lung.

Targeted therapy is all about the cancer's genes, tissue environment that contributes to the tumor's growth and survival, and its proteins. Nowadays, cancer therapy is designed to interfere with a signal that tells the cancer cells not to die or tells it to divide, while before, chemotherapies had the goal of interfering with cancer cells as division was already underway, when the cells were dividing into new ones.

The human body is made of various types of cells, including skin cells, brain cells, or blood cells. Each one has a specific function.

Cancer occurs when healthy cells change and start growing out of control; they eventually form a tumor – a mass. A benign tumor is noncancerous, whereas a malignant one is cancerous; it can spread to other parts of the body.

A tumor is part of a network of blood vessels, lymph and tissues. Without this network the tumor would not exist. Cancer spreads when a bit breaks off from the tumor and travels through the bloodstream or lymph system. Blood vessels nearby help feed the growing tumor.

**131. The text implies that, unlike the past, cancer therapy these days targets .....**

- a. the outcomes of
- b. the drugs used to suppress
- c. different phases involved in
- d. the initiators of

**132. Nowadays for cancer therapy, what is considered to be the most likely target among numerous factors?**

- a. cancer-related tissues
- b. cancer-related genes
- c. on-going cell divisions
- d. newly divided cancer cells

**133. The text ..... benign and malignant cells.**

- a. fails to provide any reference to
- b. considers the same sense for
- c. makes a distinction between
- d. attributes rather similar growths to

**134. It is implied that blood vessels help the ..... cancerous cells.**

- a. invasiveness of
- b. mutation in
- c. division in
- d. suppression of



135. A network of blood vessels is claimed to be essential to the ..... of a tumor.

- a. termination      b. formation      c. resection      d. remission

**Passage four:**

Narcolepsy is a disease characterized by malfunctioning sleep mechanics. It can consist of a sudden and uncontrollable bout of sleep during daylight hours and disturbed sleep during night-time hours. It commonly makes its appearance during adolescence or young adulthood.

Narcolepsy can take a number of forms during daylight hours. One more common symptom of the disease during daytime hours is a sudden attack of REM (rapid-eye movement) sleep during normal waking hours. During a sleep attack, narcoleptics may continue automatically performing the activity they were involved in prior to falling asleep. Others may experience cataplexy, i.e. a sudden loss of muscle tone that may cause the head to droop or the knees to wobble in minor attacks or a total collapse in more serious attacks.

During sleep hours, narcolepsy can also manifest itself in a variety of ways. During the transitional phase that precedes the onset of sleep, it is common for hallucinations to occur. These hallucinations, known as hypnologic phenomena, consist of realistic perceptions of sights and sounds during the semi-conscious state between wakefulness and sleep. Narcoleptics may also suffer from night waking during sleep, resulting in extremely fragmented and restless sleep. Then, upon waking, a narcoleptic may experience sleep paralysis, perhaps for several minutes, immediately after waking.

136 . An appropriate title for this passage could be ..... .

- a) A good Night's Sleep  
b) A Cure for Narcolepsy  
c) An Unusual Sleep Disturbance  
d) Hallucinations during Sleep

137 . Narcolepsy is least likely to be seen in a person at the age of ..... .

- a) 11-15      b) 16-20      c) 21-25      d) 26-32

138 . Narcoleptics are more likely to experience ..... during daily activities.

- a) cataplexy      b) sleep attacks      c) sleep paralysis      d) automatic behavior

139 . As stated in the passage, ..... may involve a complete collapse.

- a) hallucinations      b) cataplexy      c) automatic behavior      d) REM sleep

140 . Hypnologic phenomena most likely occur ..... .

- a) after going to bed  
b) in the middle of the night  
c) soon after waking  
d) a few hours after

**Passage five:**

In the past, the subject of mental illness was surrounded with mystery and fear. Today, we have made tremendous progress in our understanding and, especially in our ability to offer effective treatments. However, questions about mental illness often go unanswered and stand in the way of people receiving help.

The exact causes of mental disorders are unknown, but an explosive growth of research has brought us closer to the answers. We can say that certain inherited dispositions interact with triggering environmental factors. Poverty and stress are well-known to be bad for your health — this is true for mental health and physical health. In fact, the distinction between "mental" illness and "physical" illness can be misleading. Like physical illnesses, mental disorders can have a biological nature. Many physical illnesses can also have a strong emotional component.

There is a misconception that people with mental illnesses are violent, which contributes to the stigma of mental illness. The vast majority of people with mental illness are not violent, and the majority of violent acts are conducted by persons who are not mentally ill.

**141 . It is implied that the mystery and fear which surrounded mental illnesses were mainly due to ..... such disorders.**

- a. the violence employed by people suffering from
- b. failure to know the nature of
- c. physical problems resulting from
- d. lack of symptoms associated with

**142 . The second paragraph deals mainly with the .....of mental disorders.**

- a. etiology
- b. complications
- c. prevention
- d. treatment

**143 . It is stated that researchers ..... the causes of mental illnesses.**

- a. have been confused on
- b. have documented
- c. are optimistic about finding out
- d. are going to rule out genetic factors as

**144 . The writer indicates that the violence attributed to people with mental illnesses ..... .**

- a. is inevitable
- b. should be explored more
- c. is baseless
- d. should be further documented

**145 . It is said that people with mental disorders ..... .**

- a. are genetically predisposed
- b. fail to function properly in the society
- c. will also suffer from some physical disorders
- d. have already hurt themselves severely

**Part two: Vocabulary**

**Directions:** Read the following statements, then select the one response – a,b,c or d, that best completes each one.

**146. Children are required to receive certain vaccines before they can attend primary school, to protect the child as well as other children from ..... diseases.**

- a. curable                      b. susceptible                      c. achievable                      d. preventable

**147. This fish oil has a reputation for bad taste, but flavoured varieties available today may make it more .....**

- a. palatable                      b. delightful                      c. disgusted                      d. awful

**148. His heart attack was due to ..... in one of his coronary arteries.**

- a. constriction                      b. distraction                      c. construction                      d. interaction

**149. Transmission of malaria depends on many factors including proper climatic conditions that contribute to the survival and so the ..... of mosquitoes.**

- a. abundance                      b. scarcity                      c. extinction                      d. resumption

**150 . Although a CT Scan provides a more detailed image than an X-ray, it has a major ..... since it delivers much more radiation.**

- a. drawback                      b. advantage                      c. precursor                      d. incidence

**151 . Chronic noise exposure ..... the normal functioning of your nervous system and increases stress levels, negatively affecting your heart rate.**

- a. impedes                      b. enhances                      c. activates                      d. regulates

**152 . He lost so much energy during the disease period that he felt completely ..... after three weeks.**

- a. lethargic                      b. hilarious                      c. vigorous                      d. exhilarated

**153 . No one can ever deny the ..... power of a good night's sleep after a hectic day.**

- a. tightening                      b. proliferating                      c. recuperative                      d. destructive

**154 . Future advances in genetics, pharmacology and medical treatment will improve ..... rates of patients with fatal diseases.**

- a. survival                      b. retrieval                      c. dismissal                      d. approval

**155 . If you play a soothing role in your relationships, you will be less ..... to anxiety.**

- a. resistant                      b. comparable                      c. assimilated                      d. vulnerable

156 . Self medicating with alcohol or drugs may provide an easy escape from stress, but the ..... is only temporary.

- a. threat                      b. urgency                      c. relief                      d. menace

157 . Doctors are deeply concerned that distress may ----- the body's natural capacity to heal.

- a. diminish                      b. provoke                      c. boost                      d. augment

158 . Drugs such as cocaine and methamphetamine are ----- and increase blood pressure, heart beat and metabolism.

- a. degenerative                      b. depressants                      c. enumerative                      d. stimulants

159 . Among the numerous physical consequences of sleep ----- , deficits in attention and working memory are perhaps the most important.

- a. potential                      b. accomplishment                      c. deprivation                      d. complication

160 . Some heart-rhythm problems are life- ----- and need emergency treatment.

- a. provoking                      b. pursuing                      c. threatening                      d. stimulating

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